



INTERNATIONAL LIFE SAVING (ILS)
SPORT COMMISSION TECHNICAL BULLETIN # 3
ILS COMPETITION RULE BOOK 2023 EDITION
ILS LWC2024 GOLD COAST AUSTRALIA HANDBOOK

This Bulletin advises a number of minor clarifications to the ILS Competition Rule Book (2023 Edition).

The Bulletin also advises a number of changes and updates to the LWC2024 Handbook.

The clarifications, changes and updates have been endorsed, as appropriate by the ILS Sport Commission and LWC Event Management Committee.

The ILS Competition Rule Book clarifications are detailed in the Preface under the sub-heading “Further Updates – December 2023”. For ease of reference the clarifications are:

- S3 - 14.1G: Changed the wording in the Line Throw event to clarify that the team will be disqualified if the Line Thrower leaves their throw zone and, in doing so, interferes with another team in the event.
- S3 - 14.1I: Changed the wording in the Line Throw event to clarify that the Line Thrower is not to interfere with any other teams in the event until the event completion signal is given by the delegated official for the completion of the race.
- S3 - 14.3G: Changed the wording in the Line Throw event to clarify that the “Line Thrower who, after the start signal and before the 45-second acoustic completion signal, exits their allocated throw zone while rescuing their victim and interferes with other teams in the event”.
- Note: The wording was also changed in DQ Code 51.
- S3 - 14.3H: Changed the wording to clarify that a Team will be disqualified if the Line Thrower walks or runs with the line grasped in their hands or held around any part of their body to return the victim to the pool finish wall i.e. not using their arms to haul in.
- Note: The wording was also changed in DQ Code 52.
- S3 - 19.3: Changed the wording for disqualification point A. of the Rescue Tow Relay to read: “Leaving the starting block/releasing contact with the turning wall/edge/ starting block before the previous competitor has touched the wall/edge” to clarify that DQ 40 applies to all changeovers in the event.
- Section 3 DQ Codes: The disqualification codes 51 and 52 have been updated to reflect the clarified rules for the Line Throw and Rescue Tow Relay events.
- S4 – 24.1: The special conditions relating to the conduct of the Mixed Ocean M Lifesaver Relay conducted at National Teams Interclub Lifesaving World Championships (LWC) have been removed and have been placed in the LWC Handbook.
- S7 – 6A: The special conditions relating to the conduct of the Mixed IRB Teams Relay conducted at National Teams Lifesaving World Championships (LWC) have been removed and have been placed in the LWC Handbook.

The LWC2024 Handbook changes and updates are detailed in the Preface under the sub-heading “Further Updates – December 2023”. For ease of reference the changes are:

- Part B – S18.1a) A change has been made to remove the gender draw from the National Teams and the Interclub Mixed Ocean M LifeSaver Relay events. Teams may now select the legs of the event in which their two men and two women participate.
Note: The Mixed Ocean M LifeSaver Relay retains the fixed order of run, swim, board, and ski.
- Part B – S18.2a) A change has been made to remove the prescribed gender order for participation in the National Teams Mixed IRB Teams Rescue event. Teams may now select the order in which their men’s crew and their women’s crew participate.
- Part B – S18.5a) A change has been made to remove both the team size and event entry limitations for the Interclub IRB LWCs.
- Part B – S20.9b) As a result of the Interclub IRB LWCs becoming an open team size and unlimited entries per event, only the Charles Thomson MBE O. St. J Memorial Trophy will be awarded to the overall winning club i.e. no individual medals will be awarded.
- Part B – S24 The LWC 2024 daily programme and key dates annexure has been updated. The programme may be subject to further change. Please refer to the LWC 2024 website at <https://www.lwc2024.com> for updates.

The clarifications and changes take effect from 15 December 2023 and have been included in the updated ILS Competition Rule Book and LWC 2024 Handbook to be published on the ILS website at: <https://www.ilsf.org/lifesaving-sport/rules>.

Please note that ILS Federations may elect to use the updated ILS Competition Rule Book from the date of this Technical Bulletin.

Should further information be required please direct your enquiry to the Secretary of the ILS Sport Commission at sport@ilsf.org.

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